

*A warm welcome awaits you at*

CONTEMPORARY INDIAN CUISINE

# Karma

## LOUNGE

Fully Air Conditioned



You are welcome to bring your own drinks.

## TAKEAWAY MENU

**20% Discount**

on takeaway collection orders only

**FREE HOME DELIVERY**

within 4 mile radius, minimum order £10

Tel: **0121 354 8103**

**[www.karmalounge.co.uk](http://www.karmalounge.co.uk)**

32 First Floor, Boldmere Road, Sutton Coldfield, B73 5TD



All major Credit Cards accepted

# APPETISERS

*Served with appropriate salad dressings.*

- Tandoori Chicken**..... 3.10  
Marinated chicken on the bone
- Sheek Kebab or Shami Kebab ..** 3.10  
Minced lamb with coriander, ginger and garlic, with herbs & spices.
- Chicken Tikka Pakora**..... 3.50  
Chicken Tikka deep fried in spicy batter.
- Chicken Chat**..... 3.50  
Diced Chicken tikka, tomatoes & cucumber cooked with spicy chat massala.
- Shahi Lamb Chops** ..... 3.95  
Tandoori Lamb Chops grilled in tandoori oven.
- Stuffed Pepper** (*Chicken, Lamb or Veg*) 3.95  
Whole pepper barbecued in clay oven, served with filling.
- Nargis Kebab** ..... 3.95  
Boiled egg dressed with minced lamb, deep fried & garnished with omelette.
- Mix Shashlick**..... 4.50  
Chicken & lamb tikka barbecued with onions, tomatoes, capsicum.
- Mix Starter** ..... 4.50  
Barbecued Chicken & lamb tikka with sheek kebab.
- Tetul Mix** ..... 4.50  
Succulent lamb & chicken tikka with mushrooms, onions, capsicums, pan fried in tangy tamarind sauce, served with paratha.
- Garlic Aloo Mushroom**..... 3.10  
Mushrooms and baby potatoes with blend of garlic and coriander.
- Samosa** ..... 2.50  
Lamb or vegetables served in a triangular pastry.
- Chicken or Lamb Shashlick ....** 4.25  
Succulent pieces of diced chicken or lamb, with tomatoes, onions and fresh green peppers.
- Chicken or Lamb Tikka** ..... 3.10  
Marinated & barbecued with various spices.
- Tandoori Fish Trout** ..... 4.95  
Marinated in fresh ground spices, roasted in tandoori oven.
- Chicken Tikka Puree**..... 3.95  
Sweet & sour bhoona sauce, served with crispy bread.
- Prawn on Puree** ..... 3.95  
Sweet & sour bhoona sauce, served with crispy bread.
- Salmon Tikka** ..... 4.95  
Marinated with herbs and spices, roasted in tandoori oven.
- Onion Bhajee**..... 2.25  
Crispy onions deep fried until golden brown.
- King Prawn Butterfly** ..... 4.50  
Marinated with spicy batter & crisp fried.
- King Prawn Shashlick** ..... 4.95  
Tiger King prawn with tomatoes, onions and fresh green peppers.
- Murghi Chomchom** ..... 3.95  
Diced chicken tikka cooked in sweet & sour sauce, served on a crispy pastry.
- Mustard Breast Fillet**..... 4.50  
Breast fillet garnished with garlic and mustard, pan fried

# TANDOORI SPECIALS

*Served with appropriate salad dressings.*

- Tandoori Mix Deluxe**..... 8.95  
Consists of tandoori chicken, chicken tikka, tandoori king prawn, sheek kebab and combination tikka served with nan and green salad.
- Roop Chanda** (Pomfrete Fish) .... 8.95  
Marinated whole fish from the bay of Bengal grilled with herbs and spices in a clay oven.
- Chicken or Lamb Tikka** ..... 6.10  
Special juicy pieces of chicken or tender fillet lamb, marinated in fresh ground spices & roasted in tandoori oven on skewers.
- Chicken or Lamb Shashlick ....** 6.95  
Tender pieces of diced chicken or lamb marinated with spices, cooked over charcoal on skewers with tomatoes, onions and fresh green peppers.
- Tandoori Chicken** ..... 6.10  
Chicken on the bone marinated in yoghurt, tandoori spices and herbs cooked in the clay oven and served with fresh salad.
- Tandoori King Prawn** ..... 9.95  
King sized prawns marinated in garam massala and a dozen herbs, skewered over charcoal.
- Tandoori King Prawn Shashlick..**9.95  
King sized prawns marinated with spices, cooked over charcoal with tomatoes, onions and fresh green peppers.
- Salmon Fish Tikka** ..... 8.95  
Salmon fish marinated with herbs and spices and roasted in the tandoori oven.

## KARMA LOUNGE SPECIALITIES

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| <p>32. <b>Chicken Capsila</b> .....6.50<br/>Chicken tikka cooked with green peppers, finely chopped onions and spicy herbs, medium to hot.</p> <p>33. <b>Karma Lounge Grill Special</b> .....8.95<br/>Chicken tikka, lamb tikka, king prawn, tandoori chicken served on a sizzling pot with spinach and keema sauce, spicy and medium.</p> <p>34. <b>Jhinga Chilli Bhoona</b>.....9.95<br/>Sylheti style king prawns, marinated with green chilli, special herbs &amp; spices. Cooked in a spicy garlic bhoona sauce.</p> <p>35. <b>Jhinga Shahi Rogan</b> .....9.95<br/>King prawns marinated and roasted in the tandoori. Cooked in a spicy garlic bhoona sauce, served with roasted tomatoes.</p> <p>36. <b>Mango Chasni (mild)</b>.....6.50<br/>Chicken dish garnished with almonds, yoghurt &amp; mango.</p> <p>37. <b>Mango Delight</b> .....7.50<br/>Mild dish cooked with tender pieces of chicken, sliced mango with fruit and cream.</p> <p>38. <b>Salmon Fish Roshuni</b> .....9.95<br/>Pieces of salmon fish marinated in spicy fish massala sauce, grilled and cooked with onion, tomato and garlic.</p> <p>39. <b>Bengal Fish Supreme</b> .....7.95<br/>Fillet of pangas cooked in a home style sauce.</p> <p>40. <b>Karma Lounge Delicacy</b> .....9.95<br/>Tiger king prawns cooked with mixed fruit in a slightly mild sauce.</p> <p>41. <b>Garlic Bahar</b> .....6.50<br/>(Chicken, lamb or prawn) Cooked with fresh garlic, coriander &amp; special herbs.</p> | <p>42. <b>Bengal Jalfa</b> .....7.50<br/>(Chicken, lamb or prawn) Flavoured with spices and green chillies, peppers, mushroom and coriander.</p> <p>43. <b>Chicken Tikka Sag Special</b> .....7.50<br/>Diced pieces of marinated chicken cooked with spinach, herbs &amp; spices.</p> <p>44. <b>Bengal Naga</b> .....6.95<br/>Chicken or lamb tikka cooked with aromatic flavoured spicy naga chilli sauce.</p> <p>45. <b>Karma Lounge Lamb Shank</b> ..... 10.95<br/>(Dine In only) Lamb shank cooked with marrow, bengal style.</p> <p>46. <b>Chicken Pineapple Boat</b>.....10.95<br/>(Dine In only) Unique and mild tender chicken dish simmered in a smooth creamy sauce and served in a fresh carved out pineapple.</p> <p>47. <b>Duck-La-Jawab</b> .....8.95<br/>Tandoori duck stir fried in medium sauce &amp; garnished with French beans, tomatoes &amp; fresh green herbs.</p> <p>48. <b>Duck Malai (very mild)</b> .....8.95<br/>Duck roasted in tandoori, cooked with special malai sauce &amp; cottage cheese.</p> <p>49. <b>Lamb Kufta Palok</b>.....6.95<br/>Minced lamb balls cooked with spinach, fresh herbs and spices, served in a thick sauce.</p> <p>50. <b>Garlic Sea Bass</b> .....9.95<br/>(Off the bone) Pan fried fillet of Sea Bass served with spinach, capsicum, tomatoes &amp; various spices. (Medium strength)</p> <p>51. <b>Shatkora</b> .....6.95<br/>Chicken or lamb tikka cooked in a medium sauce with Bangladeshi citrus fruit.</p> |
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## CHEF'S SIGNATURE DISHES

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| <p>52. <b>Chicken or Lamb Tikka Massala</b> .....6.95<br/>Diced pieces of tandoori grilled chicken or lamb prepared with ground almond &amp; coconut, with a touch of fresh cream. (A very popular dish)</p> <p>53. <b>Chicken or Lamb Tikka Passanda</b>.....6.95<br/>Tender fillet of lamb or chicken pieces spiced with fresh cream, cultured yoghurt and garnished with pistachio. (A rich and creamy dish)</p> <p>54. <b>Jhinga Massala</b> .....9.95<br/>This dish captures the exquisite flavour of king sized prawns roasted on the tandoori on skewers and cooked in mild spices with fresh cream and a touch of butter. (A most tasteful dish)</p> <p>55. <b>Jhinga - La - Jawaab</b> .....9.95<br/>Tandoori grilled king sized prawns stir fried in medium sauce, garnished with French beans, tomatoes and fresh green herbs. (A truly delicious dish)</p> <p>56. <b>Chicken Tikka Makhani</b>.....6.50<br/>Tikka chicken cooked in mildly spiced sauce. (Very popular dish)</p> <p>57. <b>Karma Lounge Special Jalfrezi</b> .....8.95<br/>Chicken tikka, lamb tikka and king prawn cooked with capsicum, onions, green chillies, garnished with coriander to give a fairly hot taste.</p> <p>58. <b>Karma Lounge Special King Prawn</b> 10.95<br/>Karma Lounge chef's exclusive recipe.</p> | <p>59. <b>Tandoori Murghi Massala</b> .....6.50<br/>Tandoori chicken off the bone cooked with mince lamb, egg and special spices to bring out the exquisite massala flavour. (Mild)</p> <p>60. <b>Chicken or Lamb Jalfrezi</b> .....6.50<br/>Marinated chicken or lamb tikka cooked with capsicum, onion, green chilli, coriander &amp; tomatoes to give a fairly hot taste.</p> <p>61. <b>King Prawn Jalfrezi</b> .....9.95<br/>Marinated tandoori king prawns cooked with capsicum, onion, green chilli, coriander and tomatoes to give a fairly hot taste.</p> <p>62. <b>Butter Chicken (Very popular dish)</b> .....6.50<br/>Tikka chicken cooked in mildly spiced sauce with butter.</p> <p>63. <b>Achari Chicken or Lamb</b>.....6.50<br/>Chicken or lamb cooked with pickles, herbs and spices.</p> <p>64. <b>Bengal Fish Massala</b>.....7.95<br/>Fillet fish cooked in a home style massala sauce.</p> <p>65. <b>Northern Indian Garlic Chilli Chicken</b>..6.50<br/>Cooked in a hot chilli garlic sauce, garnished with coriander, hot and spicy to taste.</p> <p>66. <b>Bengal Chicken (Slightly hotter than medium)</b> ..6.95<br/>Fresh chicken cooked with fresh green chilli and coriander.</p> <p>67. <b>Chicken Tikka Akbari</b> ..... 6.50<br/>Tandoori grilled chicken cooked with garlic and finely chopped onion in a slightly hot spicy sauce, garnished with fresh tomatoes and green pepper.</p> |
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## TRADITIONAL MAIN DISHES

These wonderful dishes are recognized by everyone and had been enjoyed by generation of Indian food lovers. Our careful selection of these favorite dishes are prepared with the finest ingredients to bring out its true authentic taste. Your chosen dish can be prepared with any of the following or create your own dish to suit your individual taste.

### Kurma

Very mild dish cooked with ground almonds, coconut with cream.

### Bhoona

Semi dry dish cooked with onions, capsicum, tomatoes & spices.

### Pathia

Sweet, sour and hot dish in a medium dry thick sauce.

### Dansak

Slightly hot dish cooked with lentils to give a sweet & sour taste with pineapple in a creamy sauce.

### Sagwalla

Freshly chopped spinach and onions, lightly spiced with added herbs & spices.

### Korai

Cooked in a medium spiced sauce with capsicums, tomatoes and coriander.

### Tawa

Cooked with onions, green peppers, tomatoes, garlic, fresh coriander and bay leaves, a medium dish.

### Rogan Josh

Medium spiced with exotic fresh herbs, fried onions and tomato to create a unique flavour.

### Dupiaza

Medium strength dish garnished with diced onions and capsicums, cooked with a mixture of spices and fresh herbs to create a unique taste.

### Madras

Special selection of herbs and spices, creating a fairly hot taste.

### Curry

Cooked from a selection of ground herbs & spices creating a mouth watering taste, mild to medium.

Chicken or Lamb .....	5.50	King Prawns .....	8.50
Prawn .....	5.50	Tandoori Chicken (off the bone) .....	6.50
Chicken or Lamb Tikka .....	6.50	Vegetable .....	4.95

## BALTI DISHES

A very popular dish in the Midlands. A combination of fresh herbs and spices cooked with onions, tomatoes, green peppers garnished with fresh coriander. Served in a balti dish.

68. Chicken or Lamb or Prawn Balti .....	5.95	73. Chicken or Lamb Mushroom Balti .....	6.75
69. Chicken Tikka or Lamb Tikka Balti .....	6.75	74. Chicken or Lamb Chana Balti ...	6.75
70. Tandoori Chicken Balti (off the bone) .....	6.75	75. Vegetable Balti.....	4.95
71. King Prawn Balti.....	8.95	76. Bengal Fish Balti .....	8.95
72. Chicken or Lamb Tikka Saag Balti.....	7.50	77. Tandoori King Prawn Balti .....	9.95
		78. Tandoori Lamb Chops Balti .....	7.95
		79. Karma Lounge Special Balti .....	8.50
		(Chicken, lamb, prawn and king prawn)	
		80. Keema Balti (Minced lamb).....	6.95

Please Note: Some dishes may contain traces of nuts.

If there is a dish not listed on our menu, please inform a member of staff. We would be pleased to fulfill your request.

## BIRYANI

Truly majestic dishes with special basmati rice treated together with chicken, lamb, prawn or vegetable in ghee (clarified butter) with delicate herbs and spices, complimented with fresh vegetable curry to give an exquisite flavour of the dish.

- 81. **Chicken Biryani**.....7.95
- 82. **Lamb Biryani**.....7.95
- 83. **Prawn Biryani** .....7.95
- 84. **Karma Lounge Special Biryani** ..9.95  
Chicken, lamb, prawn & king prawn
- 85. **Chicken Tikka Biryani**.....8.50
- 86. **Lamb Tikka Biryani**.....8.50
- 87. **King Prawn Biryani**.....9.95
- 88. **Tandoori Chicken Biryani** .....8.50
- 89. **Vegetable Biryani**.....6.50

## VEGETABLE SIDE DISHES

- 90. **Bombay Aloo** .....2.95  
Spicy potatoes with fresh herbs
- 91. **Aloo Gobi** .....2.95  
Spicy cauliflower and potato
- 92. **Sag Aloo** Spicy potato and spinach .....2.95
- 93. **Peas Aloo** Spicy potato with peas .....2.95
- 94. **Sag Bhajee** Stir fry spinach .....2.95
- 95. **Shim Bhajee** Spicy french beans .....2.95
- 96. **Bhindi Dupiaza** .....2.95  
(Okra) Ladies Fingers
- 97. **Brinjal Bhajee** Aubergine.....2.95
- 98. **Tarka Dhal** Lentils and Garlic .....2.95
- 99. **Vegetable Bhajee** .....2.95  
Mixed Vegetables
- 100. **Mushroom Bhajee** .....2.95  
Fresh Mushrooms
- 101. **Chana Bhoona** Chick Peas.....2.95
- 102. **Sag Panir** Spinach and Cottage Cheese...2.95
- 103. **Matar Panir** Peas and Cottage Cheese...2.95
- 104. **Keema** Peas Mince Lamb and Peas.....3.95

The above dishes can be prepared as a main dish at an extra charge of £2.00

## SUNDRIES

- 105. **Boiled Rice** ..... 1.90
- 106. **Pilau Rice** Basmati fragrant rice .....2.25
- 107. **Fried Rice** .....2.25  
Boiled rice fried with finely chopped onions
- 108. **Mushroom Pilau Rice** .....2.50  
Basmati rice cooked with mushrooms & spices
- 109. **Keema Pilau Rice** .....2.95  
Basmati rice cooked with minced lamb & spices
- 110. **Meetah Pilau Rice** .....2.95  
Pilau rice cooked with mixed fruit cocktails
- 111. **Shabzi Pilau Rice**.....2.50  
Pilau rice cooked with mixed vegetables
- 112. **Peas Pilau Rice** .....2.50  
Pilau rice cooked with peas & egg
- 113. **Lemon Rice**.....2.50  
Fried rice with zest of lemon
- 114. **Sag Rice** .....2.50  
Fried rice cooked with spinach
- 115. **Sag Chana Rice** .....2.50  
Fried rice with spinach & chick peas
- 116. **Nan** .....1.70
- 117. **Peshwari Nan** .....1.95  
Sweet nan stuffed with almonds, coconut & honey
- 118. **Keema Nan**.....2.50  
Stuffed with minced meat
- 119. **Garlic Nan**.....1.95  
Stuffed with fresh garlic
- 120. **Onion Kulcha** .....1.95  
Stuffed with chopped onions
- 121. **Cheese and Garlic Nan** .....2.50  
Nan with cheese and fresh sliced garlic
- 122. **Paratha** .....1.95  
Layered chapatti style bread fried in pure ghee
- 123. **Chapati**.....1.25  
A soft wafer thin whole wheat bread
- 124. **Chips** .....1.50
- 125. **Plain Popadom** .....0.50
- 126. **Spicy Popadom**.....0.50
- 127. **Pickles** .....0.60
- 128. **Green Salad**.....1.50

## ENGLISH DISHES

Served with fresh crisp salad and chips.

- 129. **Sirloin Steak** ..... 10.50
- 130. **French Fried Chicken**.....6.95
- 131. **Fried Scampi**.....6.95
- 132. **Choice of Omelette**.....5.95

**Karma Lounge Gift Voucher worth £5.00**

when you spend £40 or more takeaway meals. You will receive a voucher for £5.00 which can be redeemable on your next order.

# Special Banquet Night

(Sun to Wed - Dine In Only)

Karma Lounge dining invites you to our special Banquet Night.  
Enjoy great savings as you select from our A1-a-Cardé Menu:

Select **Any Starter, Any Main Course**  
**Rice or Nan Bread, Coffee with Mint**

**£10.95 p/p**

Seafood & Lamb Shank dishes extra £2

## Welcome to Karma Lounge

Over the years Indian food has diversified, reflecting on the changes in people's desire to try new and innovating dishes. At Karma Lounge we have created a menu to suit all types of palates.

Let us indulge you in a world of exotic spices and flavours that will tantalize your taste buds. Experience the true taste of Indian cuisine with and exclusive stroke of perfection applied by our award winning chef.

Our chef's have many years of experience and ensure all food is cooked freshly and to the highest standards so please allow time to prepare your food. Your satisfaction is our success. We cater for large parties for any occasion be it birthdays, anniversaries or hen/stag parties.

### HOW TO FIND US



### Parking available at rear.

We cater for large parties during lunch times.

Advance booking required.

Please note some dishes may contain traces of nuts.

Opening Times: 7 days a week including  
Bank Holidays •

Sun - Thurs: 5.00pm - 11.30pm

Fri - Sat: 5.00pm - Midnight

The management reserve the right to refuse service without disclosing reasons.