

*A warm welcome awaits you at*

CONTEMPORARY INDIAN CUISINE

# Karma

## LOUNGE

Fully Air Conditioned



You are welcome to bring your own alcoholic drinks.



**20% DISCOUNT**

Orders over £20. Collection only

**FREE HOME DELIVERY**

within 4 mile radius, minimum order £12

**Tel: 0121 354 8103**

[www.karmalounge.co.uk](http://www.karmalounge.co.uk)

32 First Floor, Boldmere Road, Sutton Coldfield, B73 5TD

**Opening Times:** 7 days a week (including Bank Holidays)  
**Sun - Thurs:** 5.00pm - 11.30pm • **Fri - Sat:** 5.00pm - Midnight



## APPETISERS

1. **Tandoori Chicken** **D** ..... £3.50  
Marinated chicken on the bone.
2. **Sheek Kebab** **D** ..... £3.50  
Minced lamb with coriander, ginger and garlic, with herbs & spices.
3. **Shami Kebab (with omelette)** **D** ..... £3.50  
Minced lamb with coriander, ginger and garlic, with herbs & spices.
4. **Chicken Tikka Pakora** **D** **N** ..... £3.50  
Chicken Tikka deep fried in spicy batter.
5. **Chicken Chat** **D** ..... £3.50  
Diced Chicken tikka, tomatoes and cucumber cooked with spicy chat massala.
6. **Shahi Lamb Chops** **D** ..... £4.50  
Tandoori Lamb Chops grilled in tandoori oven
7. **Stuffed Pepper** **D** ..... £4.50  
(Chicken, Lamb or Veg) Whole pepper barbecued in clay oven, served with filling.
8. **Nargis Kebab** **D** ..... £4.50  
Boiled egg dressed with minced lamb, deep fried and garnished with omelette.
9. **Mix Shashlick** **D** ..... £4.50  
Chicken & lamb tikka barbecued with onions, tomatoes, capsicum.
10. **Mix Starter** **D** ..... £4.50  
Barbecued Chicken & lamb tikka with sheek kebab.
11. **Tetul Mix** **D** ..... £4.50  
Succulent lamb & chicken tikka with mushrooms, onions, capsicums, pan fried in tangy tamarind sauce, served with paratha.
12. **Garlic Aloo Mushroom** **V** ..... £3.50  
Mushrooms and baby potatoes with blend of garlic and coriander.
13. **Samosa (Lamb or Veg)** **V** ..... £2.95  
Lamb or vegetables served in a triangular pastry.
14. **Paneer Tikka** **D** ..... £3.95  
Cottage cheese cooked with herbs and spices.
15. **Chicken Shashlick** **D** ..... £4.50
16. **Lamb Shashlick** **D** ..... £4.50  
Succulent pieces of diced chicken or lamb, with tomatoes, onions and fresh green peppers.
17. **Chicken Tikka** **D** ..... £3.50
18. **Lamb Tikka** **D** ..... £3.95  
Marinated and barbecued with various spices.
19. **Fish Pakora** **D** **N** ..... £4.95  
Cod pieces marinated in spices and deep fried.
20. **Chicken Tikka Puree** **D** ..... £3.95  
Sweet & sour bhoona sauce, served with crispy bread.
21. **Prawn on Puree** **D** ..... £3.95  
Sweet & sour bhoona sauce, served with crispy bread.
22. **King Prawn on Puree** **D** ..... £5.95  
Sweet & sour bhoona sauce, served with crispy bread.
23. **Salmon Fish Tikka** **D** ..... £4.95  
Marinated with herbs and spices, roasted in tandoori oven.
24. **Onion Bhajee** **G** ..... £2.50  
Crispy onions deep fried until golden brown
25. **King Prawn Butterfly** **G** ..... £4.95  
Marinated with spicy batter and crisp fried.
26. **King Prawn Shashlick** **D** ..... £5.50  
Tiger King prawn with tomatoes, onions and fresh green peppers.
27. **Murghi Chomchom** **G** ..... £3.95  
Diced chicken tikka cooked in sweet & sour sauce, served on a crispy pastry.
28. **Melon Cocktail** ..... £3.50
29. **Prawn Cocktail** ..... £3.95

**V** Suitable for Vegetarians   **N** Contains Nuts   **D** Contains Dairy   **G** Contains Gluten  
**]** Slightly Hot   **]]** Hot   **]]]]** Very Hot



## TANDOORI SPECIALITIES

30. **Tandoori Mix Grill** **D** .....£9.95  
Consists of tandoori chicken, chicken tikka, tandoori king prawn, sheek kebab and combination tikka served with nan and green salad.
31. **Tikka Stir-Fry** **D** .....£7.95  
Chicken or lamb tikka, stir-fried in a wok with soya sauce, fresh spices, onions, peppers and mushrooms.
32. **Tandoori Duck Stir-Fry** **D** .....£9.95  
Succulent stripes of duck stir-fried in a wok with soya sauce, fresh spices, onions, peppers and mushrooms.
33. **Chicken or Lamb Tikka** **D** .....£6.95  
Special juicy pieces of chicken or tender fillet lamb, marinated in fresh ground spices and roasted in tandoori oven on skewers.
34. **Chicken Shashlick** **D** ..... £7.95
35. **Lamb Shashlick** **D** ..... £8.50  
Tender pieces of diced chicken or lamb marinated with spices, cooked over charcoal on skewers with tomatoes, onions and fresh green peppers.
36. **Tandoori Chicken** **D** .....£6.95  
Chicken on the bone marinated in yoghurt, tandoori spices and herbs cooked in the clay oven and served with fresh salad.
37. **Tandoori King Prawn** **D** .....£10.95  
King sized prawns marinated in garam massala and a dozen herbs, skewered over charcoal.
38. **Tandoori King Prawn Shashlick** **D** .....£10.95  
King sized prawns marinated with spices, cooked over charcoal with tomatoes, onions and fresh green peppers.
39. **Salmon Fish Tikka** **D** .....£9.95  
Salmon fish marinated with herbs and spices and roasted in the tandoori oven.
40. **Masala Fish** **D** .....£9.95  
Fillet of cod fish coated with special spice marinated and pan fried. Cooked with mushrooms, aloo and garlic, also served with salad.
41. **Special Noodles** **G** .....£7.95  
Choice of chicken, meat or prawn. Noodles in the chefs special sauce.

## CHEFS SIGNATURE DISHES

42. **Jhinga Shahi Rogan** **D** ..... £9.95  
A special presentation, king prawns marinated and roasted in the tandoor and cooked in spicy garlic bhuna sauce, served with roasted tomatoes.
43. **Jhinga Chilli Bhoona** **D** .....£10.95  
Sylheti style king prawns marinated with green chilli, special herbs and spices, fried gently and cooked in a spicy garlic bhuna sauce.
44. **Salmon Fish Roshuni** **D** .....£10.95  
Bengali style pieces of salmon fish marinated in spicy fish massala sauce and roasted in garlic. Cooked with onions, tomatoes, green herbs, medium spicy sauce.
45. **Karma Special King Prawn** .....£10.95  
Karma Lounge chef's exclusive recipe.
46. **Garlic Sea Bass** **D** .....£10.95  
(Off the Bone) pan fried fillet of sea bass served with spinach, capsicum, tomatoes, potatoes and various spices. (Medium strength)
47. **Jhinga-La-Jawab** **D** .....£10.95  
Tandoori baked king sized prawns stir fried in a medium sauce, garnished with french beans, tomatoes and fresh green herbs. (A truly delicious dish)
48. **Fish Kufta** .....£8.95  
Fillet of fish minced, shapped in a balls, cooked with fresh herbs and spices, served with a medium thick sauce.
49. **King Prawn Jalfrezi** **D** **»** .....£10.95  
Marinated tandoori king prawns cooked with capsicum, onions, green chilli, coriander and tomatoes to give a fairly hot taste.
50. **Jhinga Massala** **D** **N** .....£10.95  
This dish captures the exquisite flavour of king sized prawns roasted in the tandoor on skewers and cooked in mild spices with fresh cream and a touch of butter. (A most tasteful dish)
51. **Jhinga Bhoona** **D** **»** .....£10.95  
Tandoori baked king sized prawns cooked in a thick sauce with tomatoes, onions, green pepper, fresh ground spices and coriander.



## KARMA LOUNGE SPECIALITY DISHES

52. **Karma Lounge Grill Special** (D) (S) ..... £9.95  
Chicken tikka, lamb tikka, king prawn, tandoori chicken served on a sizzling pot with spinach and mince lamb sauce, spicy and medium.
53. **Karma Lounge Special Jalfrezi** (D) (S) ..... £9.95  
Chicken tikka, lamb tikka, king prawn cooked with capsicum, onion, green chilli, coriander and tomatoes to give a fairly hot taste.
54. **Chicken Tikka Akbari** (D) (S) ..... £7.50  
Tandoori baked chicken cooked with garlic and finely chopped onions in a slightly hot spicy sauce, garnished with fresh tomatoes and green pepper.
55. **Jaipur Korai** ..... £7.50  
Fresh breast chicken cooked in a medium spiced sauce with capsicum, tomatoes and coriander.
56. **North Indian Garlic Chilli Chicken** (D) ..... £7.50  
Cooked in a hot chilli garlic sauce, garnished with coriander, hot and spicy to taste.
57. **Bengal Chicken** (S) ..... £7.50  
Fresh chicken cooked with fresh green chilli and coriander. (Slightly hotter than medium)
58. **Chicken or Lamb Tikka Naga** (D) (S) (S) ..... £7.95  
Diced lamb or chicken pieces cooked in a thick spicy sauce with naga pickle, onions and herbs.
59. **Chicken or Lamb Tikka Massala** (D) (N) ..... £7.95  
Diced pieces of tandoori baked chicken or lamb prepared with subtle pieces with herbs and a touch of fresh cream. (A very popular dish)
60. **Chicken or Lamb Tikka Passanda** (D) (N) ..... £7.95  
Tender fillet of lamb or chicken pieces spiced with fresh cream, cultured yoghurt and garnished with pistachio (A rich and creamy dish)
61. **Tandoori Chicken & Garlic Bhoona** (D) ..... £7.95  
Tandoori off the bone chicken cooked with exotic herbs and spices and garnished with fresh garlic & coriander.
62. **Lamb Tikka Garlic Bhoona** (D) ..... £7.95  
Tender pieces of lamb marinated cooked with exotic herbs and spices and garnished with fresh garlic & coriander
63. **Chicken Makoni** (D) (N) ..... £7.50  
Tikka chicken cooked in mildly spiced sauce with butter. (A very popular dish)
64. **Karma Lounge Lamb Shank** (S) ..... 10.95  
Lamb shank cooked with mince lamb and potatoes, Bengal style.
65. **Murghi Keema** (D) ..... £7.95  
Boneless tender spring chicken cooked with mince lamb with fresh coriander.
66. **Tandoori Murghi Massala** (D) (N) ..... £7.95  
Tandoori Chicken (off the bone) cooked with mince lamb boiled egg, and special spices to bring out the exquisite massala flavour (Mild)
67. **Chicken or Lamb Tikka Jalfrezi** (D) (S) ..... £7.95  
Marinated chicken or lamb tikka cooked with capsicum, onions, green chilli, coriander and tomatoes to give a fairly hot taste.
68. **Butter Chicken** (D) (N) ..... £7.95  
Tandoori Chicken (off the bone) cooked in mildly spiced sauce with butter. (Very popular dish)
69. **Achari** (D) (S) ..... £7.50  
Contains Dairy & Mustard Chicken or lamb tikka cooked with pickles, herbs and spices
70. **Mixed Platter Bhuna** (D) ..... £9.95  
Medium dish. A Combination of chicken tikka, lamb tikka, sheek kebab, tandoori chicken and tandoori king prawn cooked in finely chopped onion, green peppers, olive oil, bay leaves and cinnamon.
71. **Duck-La-Jawab** (D) ..... £9.95  
Tandoori duck stir fried medium sauce, garnished with french beans, tomatoes and fresh green herbs. (A truly delicious dish)
72. **Chicken or Lamb Tikka Tawa** (D) ..... £7.95  
Cooked with onions, green peppers, tomatoes, garlic, fresh coriander and bay leaves, a medium dish.
73. **Chicken Capsila** (D) (S) ..... £7.50  
Chicken tikka cooked with green peppers, finely chopped onions and spicy herbs, medium to hot.
74. **Anarkali Special** (D) ..... £10.95  
Chicken breast stuffed with minced lamb cooked with mince lamb, olive oil, onion, tomatoes and bay leaves in a sweet and sour sauce
75. **Chicken Tikka Sag Special** (D) (S) ..... £7.95  
Finely chopped marinated chicken and fresh spinach, cooked with special herbs And spices, green chillies, tomatoes, onions with a touch of garlic, a mouth watering dish
76. **Lamb Kufta Palok** (D) ..... £7.95  
Minced lamb balls cooked with spinach, fresh herbs and spices, served in a thick sauce
77. **Murgi Lazami** (D) ..... £9.95  
Medium spicy tandoori baked chicken with mince lamb wrapped in an omelette, served with rice and sweet and sour sauce.
78. **Imli Special** (D) ..... £7.95  
Chicken or lamb tikka cooked in a special tamarind sauce, in medium spices a sweet & sour dish.



## BALTI DISHES

## TRADITIONAL MAIN DISHES

A very popular dish in the Midlands. A combination of fresh herbs and spices that makes the dish very tasteful and spicy, served in a cast iron Kashmiri pot known as a balti.

Garnished with onions, tomatoes, green peppers and fresh coriander.

- 79. **Chicken Tikka Balti**  ..... £7.50
- 80. **Lamb Tikka Balti**  ..... £7.95
- 81. **Chicken Balti** ..... £6.95
- 82. **Lamb Balti** ..... £7.50
- 83. **Prawn Balti** ..... £7.50
- 84. **Duck Tikka Balti**  ..... £9.95
- 85. **King Prawn Balti** ..... £10.95
- 86. **Karma Lounge Special Balti**..... £8.95  
(Chicken, lamb and king prawn)
- 87. **Chicken and Mushroom Balti** ..... £7.95
- 88. **Chicken Sagwala Balti** (with spinach) ..... £7.95
- 89. **Chicken Tikka Jalfrezi Balti**   ..... £7.95
- 90. **Tandoori Chicken Balti**  (Off the bone) .. £7.95
- 91. **Garlic Balti** (Chicken or lamb) ..... £7.50
- 92. **Keema Balti** (Minced lamb) ..... £7.50
- 93. **Vegetable Balti**  ..... £5.95

## ENGLISH DISHES

All these dishes are served with salad & chips  
(excluding Chicken or Prawn Salad)

- 94. **Sirloin Steak**..... £12.95
- 95. **French Fried Chicken**..... £8.95
- 96. **Fried Scampi** ..... £7.95
- 97. **Roast Chicken** ..... £7.95
- 98. **Choice of Omelette**..... £6.95

These wonderful dishes are recognized by everyone and had been enjoyed by generation of Indian food lovers. Our careful selection of these favorite dishes are prepared with the finest ingredients to bring out its true authentic taste. Your chosen dish can be prepared with any of the following or create your own dish to suit your individual taste.

### 99. Pathia

Hot, sweet and sour with tomato puree.

### 100. Bhuna

Dry thick sauce with onions and tomatoes.

### 101. Korma

Mild and creamy dish.

### 102. Saagwalla

Cooked with spinach and fresh garlic.

### 103. Dansak

Hot, sweet, sour with lentils and pineapples

### 104. Rogon Josh

Extra tomatoes, peppers and onions.

### 105. Methi

Cooked with fenugreek.

### 106. Madras

Hot saucy dish

### 107. Dupiaza

Cooked with a mixture of spices herbs to create a unique taste.

### 108. Curry

Medium saucy dish with fresh herbs and spice

- |   |  |  |
|---|--|--|
| 94. <b>Sirloin Steak</b> ..... £12.95       | A. <b>Chicken</b> .....£6.50   | E. <b>Lamb Tikka</b>  ..£7.95 |
| 95. <b>French Fried Chicken</b> ..... £8.95 | B. <b>Lamb</b> .....£7.50  | F. <b>King Prawns</b> ...£10.95  |
| 96. <b>Fried Scampi</b> ..... £7.95         | C. <b>Prawn</b> .....£7.50   | G. <b>Duck</b>  ..... £9.95   |
| 97. <b>Roast Chicken</b> ..... £7.95        | D. <b>Chicken Tikka</b>  .£7.50 | H. <b>Vegetable</b> ..... £5.95  |

**Allergy Notice:** Please be aware all our food is cooked in a nut environment  
If you suffer from food allergies please inform a member of staff when ordering you meal.



## BIRYANI DISHES

A truly majestic dish with special basmati rice treated together with chicken, lamb, prawn or vegetable in ghee (clarified) butter with delicate spices and herbs, complimented with fresh vegetable curry to give an exquisite flavour of the dish.

109. **Karma Lounge Special Biryani** **D** .... £9.95  
(Chicken & lamb Tikka & king Prawn)
110. **Lamb Tikka Biryani** **D** ..... £8.95
111. **Chicken Tikka Biryani** **D** ..... £8.50
112. **Lamb Biryani** ..... £8.50
113. **King Prawn Biryani** ..... £10.95
114. **Prawn Biryani** ..... £8.50
115. **Chicken Biryani** ..... £7.95
116. **Vegetable Biryani** **V** ..... £6.95
117. **Tandoori Chicken Biryani** **D** ..... £8.50

## VEGETARIAN DISHES

- |   | Side  | Main  |
|---|-------|-------|
| 118. <b>Bombay Aloo</b> (Potatoes) .....                  | £3.50 | £5.95 |
| 119. <b>Aloo Gobi</b> (Potatoes and cauliflower) .....    | £3.50 | £5.95 |
| 120. <b>Sag Aloo</b> (Spinach and potatoes) ...           | £3.50 | £5.95 |
| 121. <b>Peas Aloo</b> (Peas and potatoes) .....           | £3.50 | £5.95 |
| 122. <b>Sag Bhajee</b> (Spinach) .....                    | £3.50 | £5.95 |
| 123. <b>Shim Bhajee</b> (French beans) .....              | £3.50 | £5.95 |
| 124. <b>Bhindi Dupiaza</b> (Okra, ladies fingers) .....   | £3.50 | £5.95 |
| 125. <b>Brinjal Bhajee</b> (Aubergine) .....              | £3.50 | £5.95 |
| 126. <b>Tarka Dhal</b> (Lentils and garlic) .....         | £3.50 | £5.95 |
| 127. <b>Vegetable Bhajee</b> (Mixed vegetables) .....     | £3.50 | £5.95 |
| 128. <b>Mushroom Bhajee</b> (mushrooms) .....             | £3.50 | £5.95 |
| 129. <b>Chana Bhoona</b> (Chick peas) .....               | £3.50 | £5.95 |
| 130. <b>Sag Panir</b> (Spinach and cheese) <b>D</b> ..... | £3.50 | £5.95 |
| 131. <b>Matar Panir</b> (Peas & cheese) <b>D</b> .....    | £3.50 | £5.95 |
| 132. <b>Keema Peas</b> (Mince lamb and peas) ..           | £4.50 | £8.50 |

## SUNDRIES

133. **Boiled Rice** ..... £2.25
134. **Pilau Rice** ..... £2.50
135. **Fried Rice** ..... £2.50
136. **Mushroom Pilau Rice** ..... £2.95
137. **Keema Pilau Rice** *Mince lamb*..... £3.50
138. **Meetah Pilau Rice** *Fruit cocktail*..... £2.95
139. **Shabzi Pilau Rice** *Mixed vegetables* ..... £2.95
140. **Peas Pilau Rice** *Peas and egg* ..... £2.95
141. **Peshwari Nan** **D** **G**..... £2.95
142. **Keema Nan** **D** **G**..... £2.95
143. **Garlic Nan** **D** **G** ..... £2.50
144. **Onion Kulcha** **D** **G** ..... £2.50
145. **Cheese and Garlic Nan** **D** **G** ..... £2.95
146. **Special Nan** **D** **G** ..... £3.50  
*Keema, cheese, chilli, garlic & coriander*
147. **Nan** **D** **G** ..... £2.20
148. **Paratha** **G**..... £2.50
149. **Chapati** **G**..... £1.25
150. **Chips** ..... £2.50
151. **Plain Papadom** **G** ..... £0.70
152. **Spicy Papadom** **G** ..... £0.70
153. **Pickle** (each) ..... £0.80

## Special Banquet Night

(Sun to Wed) - Available for takeaway & dining in.

Karma Lounge invites you to our special Banquet Night.  
Enjoy great savings as you select from our Al-a-Carte Menu:

Select *Any Starter, Any Main Course*  
*Rice or Nan Bread, Coffee with Mint*

### £11.95 p/p

Seafood, Lamb Shank & duck dishes extra £3.00 for main (£2.00 for Starters).  
Offer not available in conjunction with any other offers.

The management reserve the right to refuse service without disclosing reasons.